

## Music and Art from a Yogic point of view

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To entertain gives the idea of something easy and a little bit silly that you have to do or to listen to or to see, to kill the time before

something relevant actually happens. But the drama of our contemporary culture is that very often after a moment of entertainment there is just an other moment of entertainment, so the relevant experience that should follow the moment of entertainment eventually never comes...

Why this happens? It is just like if our society is terrorised by the idea of stopping for a second and appreciate the amazing spiritual beauty of a moment lived with consciousness. We always try to escape from the present and we project our self in the future. We dream about the future, we plan it, we hope for it, and so before to actually experience it we need to be entertained with something else. So, if we are entertained, we don't have to think about the present, we don't really have to dedicate any attention to what is actually happening inside or outside us in this very moment, we just have to

wait, entertained by some easy music or by some cheap visual work until the future that we dream about will come to knock on our door. But obviously when the "future" comes we are already busy dreaming about something else, so we need again something that can entertain us while we wait for something new. In this way our life becomes a neverending flow of empty moments of entertainment.

In other cultures music and art are not considered "entertainment", but rather the opposite of that. Music and art are considered moments of Grace in which the human being can enter in contact with a higher or deeper dimension of consciousness. So music and art are considered instruments to amplify the perception of the reality, and not to escape from it. In those kind of cultures music and art have a spiritual value.

With our website we would like to promote music and art with this kind of approach, taking inspiration from great Yoga Masters like Shree Shree Rainjan Prabhat Sarkar, Shee Cinmoy, Shree Ammachi, Shree Ravi Shankar, all great personalities that had always tried to encourage to use music and art as instruments to gain consciousness.

In the website of YogaTogether you will find review of artists and musicians with the "Yogic touch" and in our shop you can find music and art from independent artists that we believe are close to the idea of art that we are promoting.

Buying some of their works not only you can help them to survive in a commercialised world where making music or art outside the mainstream is very difficult, but you can also contribute to support an important cultural revolution.

"Though separated by many countries, many states, many religions, many communities or by many languages, the human race is an indivisible entity.  
Every human mind is but the diversified individual manifestations of that same indivisible Cosmic Mind.  
Today we look forward to the advent of that artist, that writer who will convey this truth to the hearts of humanity in a still sweeter language, still more strongly and deeply." ~ Shrii Shrii Anandamurti ~